



## **TREBOL SOCCER CLUB VOLUNTEER PROGRAM "VOLUNTEERING IN OUR COMMUNITIES & FOR TSC"**

### **PART I: "VOLUNTARY VOLUNTEER PROGRAM"**

Trebol Soccer Club has a strong heritage of giving back to our communities. For the purposes of fostering good citizenship within our players and "giving back" to our communities, players and parents of Trebol Soccer Club, Inc. ("TSC") are encouraged to volunteer four (4) hours per season within any of our communities.

#### **Which activities qualify?**

Although various opportunities will be presented to the players throughout the year, you are encouraged to use your own creativity and imagination. You are not restricted to volunteering only at the opportunities presented by Trebol Soccer Club. Players may also complete their hours during the summer months. We do ask, however, that you choose your time thoughtfully, that you act respectfully to those to whom you are giving your service, and that you follow through on your commitments.

Since the inception of TSC's volunteer program, TSC players and parents have volunteered over 3,000 hours through a variety of opportunities; some of which include: TSC Adopt-A-Park Clean-Up at Louisville Community Park; Food Drives Benefiting Sister Carmen; Philanthropic Haunted Houses; Soccer Ball & Cleat Drives For Mexico; and the TSC Colorado Shoot-Out Tournament.

#### **How do you become involved?**

Throughout the year different opportunities will be listed on the Trebol website and sent to you through email. Simply contact the person(s) listed in order to sign-up for the activity. Please wear your Trebol jersey top when volunteering.

#### **Once you have volunteered, what do you do?**

Please report your activities and time volunteered to each of your respective team managers or team volunteer coordinators or simply document your hours on your tracking sheet.

#### **Positive Attitudes Are Contagious!**

Enjoy the new relationships that you build amongst yourselves and your communities. As always have pride in yourself, your team, your sport and your contribution. If you have any further questions, comments, or volunteer opportunities, please contact the TREBOL SOCCER CLUB VOLUNTEER COORDINATOR.

### **PART II: "REQUIRED VOLUNTEER PROGRAM"**

Trebol Soccer Club hosts a CYS sanctioned soccer tournament every year during the first weekend in October. This tournament serves as TSC's only fundraiser for the club. The profits from this tournament are used to support the general budget, which provides opportunities for the players' personal development and it helps to maintain TSC's fee structure. To insure a high quality experience for all of those involved, Trebol needs the volunteer support of every family. TSC has utilized a minimum of 1200 hours of parent volunteer time to orchestrate this event each year, therefore, every family's contribution is important. Each family, regardless of the number of children playing for the club, is required to volunteer four (4) hours at or for the Trebol Shootout Tournament each year OR pay the opt-fee available. This requirement applies to every family regardless of whether your child plays for a developmental, intermediate, or competitive team and regardless of whether or not your team is playing in the tournament. Volunteering at or for the Colorado Shoot-Out will fulfill all parent volunteer requirements for the year.

# REASONS TO VOLUNTEER

*Volunteers give freely of their time and expertise in order to make a difference.*

## Volunteering:

- \* can create leaders
- \* gives you the satisfaction of being involved in your community
- \* gives you visibility
- \* can be energizing/renewing
- \* demonstrates workplace skills/management skills/customer service skills/leadership skills that can be documented in a resume or college scholarship application

## Volunteering can help *you*:

- \* build self-esteem and self-confidence
- \* make a difference in someone's life
- \* feel needed and valued
- \* help you meet new people
- \* learn or develop skills
- \* gain work experience
- \* make important networking contacts
- \* express gratitude for help you may have received in the past from an organization

## Volunteering can help *your family*:

It is a fact that families that volunteer together will benefit because...

- It's fun! It strengthens families!
- It makes family time valuable to both families and communities!
  - It connects and strengthens communities!
  - It improves family communication!
- It helps create a new generation of dedicated volunteers!
- It teaches kids values like kindness, empathy, respect, friendliness and tolerance!
  - It changes lives!

Whether it is important to you to solve a community problem, advance a worthy cause or to develop as a person, volunteering offers many benefits in appreciation for the gift of your time and expertise.